Stu Ringer with his wife, Phyllis, learned to square dance in 1978 at the Hey Lollies square dance club in Houston, TX. Two years later Stu decided to learn to call square dances, so he attended a year-long caller's school, graduating in 1981. Stu immediately began calling at clubs throughout Houston, becoming a club caller for six different clubs (Rainbow Rockers, Circle 8ers, Woodland Stars, Fairbees, Cenners In, Monument Stars) over the next ten years. During the course of his 43 years of calling, he has taught over 100 square dance classes at various clubs throughout the Houston area.

Being a fan of the Oak Ridge Boys and the Statler Brothers, Stu determined that applying four-part harmony to square dance singing calls would provide a unique experience for square dancers, resulting in the formation of the Texas Po' Boys in 1987. The group presents all singing calls in four-part harmony from songs covering a number of genres, e.g., barbershop, country, western, popular and even rock & roll. Over its 37-year history, membership has changed due to retirement and transfers to where the group now includes Gary Sanders (lead), K.O. Jeanes (Tenor), Pat Kotal (Baritone), and Stu Ringer (Bass). The group has called at nine national square dance conventions, many state conventions and numerous venues throughout the U.S.